ParanormalReview

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The Society for Psychical Research

The SPR was the first organisation established to examine allegedly paranormal phenomena using scientific principles. Our aim is to learn more about events and abilities commonly described as psychic' or 'paranormal' by supporting research, sharing information and encouraging debate. The SPR was established in 1882 and is a Registered Charity.

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ABUELITA, THE RITZ AND ME

The sky was the colour of pink champagne the day I took Abuelita for tea at The Ritz, only the third time I had seen her. The doorman's gloved hand held hers as he helped her out of the cab, and we entered splendour as if we were coming home.

The carpet was rich-patterned red, one grand old dame greeting another, giving way under maroon court shoes. My grandmother had had it all – servants, villas, high society for breakfast, the latest couture in which to beg for mercy, vinegar to soak bruises, perfect make-up to keep up appearances.

We glided down the Long Gallery, chandeliers like bijou clouds of diamond rain, turned into Palm Court. I had a moment of pride when the maître d' confirmed my name and she grinned.

My mother had drilled me with stories of everything Abuelita had endured to give her children the gold-top life – I wanted to give her opulence without the price.

We sat at a table with ghosts of Pavlova, Coward, de Gaulle, ensconced in a wonderland of gilded cream and twinkling Tweedledee waiters.

We nibbled from a three-tier stand of slim sandwiches, fat scones, edible fruit chocolate jewels, accompanied by piano licks, chiming silver teapots. The conversation was that of two freed apostates – politics, religion, the appetite-supressing qualities of cheese.

I hoped she could see, woman to woman, that her genes had not been wasted, that I was a lady too.

As we were about to leave, I asked her the only question I'd ever ask – "Is it all worth it?" "Mija!" she cried, and raised her eyes under the birdcage veil, gesturing to the surroundings, and me, nodding. I wrote down her smile to remember for the rest of my life.

We left 150 Piccadilly under the arcane stare of the copper lions, and I kissed her goodbye on both her parchment cheeks, watching her take another black cab out of my dream, back to the heaven she had lived in since she had died when I was eighteen.

Caroline Am Bergris

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