



## SPR STUDY DAY No. 76

# UNDERSTANDING THE UNCANNY

**1 Vernon Mews  
West Kensington  
London W14 0RL**

**Saturday  
10<sup>th</sup> November 2018**

**10:00 to 17:15**

Traditionally psychical research has viewed extrasensory perception as a sixth sense but the divisions between inner and outer are no longer absolute. This study day will bring together a parapsychologist, a psychiatrist, a relational psychotherapist and a psychologist to explore the inner mental processing which underlies psychic experiences. These processes, which can be probed in both the intimacy of the clinical situation and everyday life, challenge and enhance our understanding of the world and have important theoretical and practical implications. Opportunities will be given for the audience to explore their own experiences in terms of such internal processing. The day will end with a general discussion, including audience participation.

<b>From 09:30</b>	<b>REGISTRATION</b>	
<b>10:00 – 10:15</b>	<i>Chairman's introduction</i>	<b>Prof. Adrian Parker</b>
<b>10:15 – 11:00</b>	<i>The paranormal in psychiatric practice: Jung's synchronicity onwards</i>	<b>Dr Graham Kidd</b>
<b>11:00 – 11:30</b>	<b>TEA/COFFEE</b>	
<b>11:30 – 12:15</b>	<i>A glimpse into the cosmos of inner space</i>	<b>Dr Peter Heini</b>
<b>12:15 – 13:00</b>	<i>Transcending boundaries of time and space in clinical resonance</i>	<b>Janine de Peyer</b>
<b>13:00 – 14:30</b>	<b>LUNCH BREAK</b>	
<b>14:30 – 15:15</b>	<i>Understanding premonitions: identification and self-reflection on critical moments</i>	<b>Erica Brostoff</b>
<b>15:15 – 16:00</b>	<i>Returning from the subjective to the objective: what have we learnt?</i>	<b>Prof. Adrian Parker</b>
<b>16:00 – 16:30</b>	<b>TEA/COFFEE</b>	
<b>16:30 – 17:15</b>	<i>General discussion</i>	

The nearest underground station is West Kensington (District Line), a five-minute walk away. Turn right on leaving the station, cross West Cromwell Road, then follow North End Road until Vernon Street, the last turning on the left before Olympia, Vernon Mews being on the corner. Buses 28 and 391 from West Kensington station stop at the top of North End Road, while buses 9, 10 and 27 from High Street Kensington stop opposite Olympia in Hammersmith Road, also near the top of North End Road.

Over the lunch break you could visit a local restaurant, although you may find it more convenient to bring your own lunch. Tea and coffee will also be available during this break.

All SPR members – as well as non-members – are most welcome. Members are urged to bring a friend. Please also try to publicise this event in your own locality. Please return a cheque for your fee as soon as possible, marking the envelope "SPR Study Day". Receipts will not be sent but confirmation of your booking will be available by telephone from the SPR office. Alternatively, you may telephone the SPR office to pay with a credit card - 020 7937 8984. Bookings may now also be made through the SPR website. Advance booking is essential, as space is limited.

**FEES: Members £38; Non-Members £42 (£4 reduction for Students/Benefits/Over 60)**



**Prof. Adrian Parker (Chairman)** After qualifying in clinical psychology at the Tavistock Clinic, Adrian Parker was the recipient of the Perrott-Warrick Studentship in psychical research, Trinity College, Cambridge. and became the first to gain a UK doctorate with a thesis on altered states and ESP from the University of Edinburgh. His doctoral work co-innovated the technique, known as the psi-ganzfeld, of reproducing psychic-like experiences in the laboratory. He is author of the book *States of Mind* and has over a hundred publications on altered states of consciousness and psychic experiences. Adrian has also worked in child psychiatry and studied medical sciences before accepting a position at Gothenburg University, when a major award from the Swedish Bank Jubilee Fond (Riksbanken) enabled the development of the “Real Time Digital Ganzfeld” which is now a benchmark procedure for studying high-quality psi (psychic) events in the laboratory. Adrian is Professor at Gothenburg University, where he is currently carrying out research into lucid dream states and exceptional experiences amongst twins, and teaches an international course on “Consciousness Studies and Psychical Research.”



**Dr Graham Kidd**, MBBS, MRCPsych, has been a member of the SPR since 1969, on the Spontaneous Cases Committee since 2009, and a member of the Council since 2014. Trained at St Bartholomew's Hospital, he was medical officer to 10th Gurkha Rifles, subsequently training in psychiatry at St Thomas's Hospital. He was a Consultant in Old Age and General Psychiatry in Surrey, and on retiring from the NHS, worked in private practice at the Priory and the Cardinal Clinics, before retiring to do purely psychotherapy, specializing in psychological trauma using Ego state and EMDR techniques. He teaches occasionally at St George's Hospital. He has studied dissociation and was a member of the ISSTD for many years. He has contributed to SPR study days, to the *JSPR* and the *Paranormal Review*.



**Dr Peter Heini**, MD MRCPsych is a psychiatrist, psychotherapist and family therapist in private practice. Following research in muscle physiology including two years research work in the laboratory of the Nobel prize winner Sir Andrew Huxley he took up a career in mental health, training at the Maudsley Hospital and the Tavistock Clinic. He is the author of 3 books as well as numerous articles in the fields of muscle physiology, psychotherapy, psychotraumatology (war trauma) and psychosomatics. The role of intuition in exploring and diagnosing unconscious mechanisms has never ceased to fascinate him.



**Janine de Peyer**, LCSW-R is a psychotherapist/psychoanalyst in private practice in New York. She is on the faculty and supervises at the National Institute for the Psychotherapies, and the Stephen Mitchell Center for Relational Studies where she teaches on clinical process and transference-countertransference dynamics. Janine is Associate Editor and is published with *Psychoanalytic Dialogues: The International Journal of Relational Perspectives*. Janine has presented internationally in New York, Toronto, Madrid and London, and conducts on-line distant learning courses on clinical practice and theory. With an avid interest in parapsychology, Janine integrates EMDR (Eye movement desensitization and reprocessing), breath work and guided imagery within a contemporary, relational, psychoanalytic framework. She grew up in London, has travelled extensively, and has been practising in Manhattan for 25 years.



**Erica Brostoff** has a B.Sc. in Experimental Psychology and M.Sc. with Distinction in Social Psychology. She was a researcher in three leading advertising agencies, working in the specialty in motivational research (meeting people's needs). She left to work as a researcher in a clinical setting and has actively continued this interest in retirement. In addition to exploring inter-subjectivity in psi and intuition, she is hoping to co-edit a book on potential shortfalls and harm in psychotherapy. The topic of intuition and other unexplained insights became of crucial interest after the death of a colleague. Her view is that the topic of “psi” seems to lie in an area of enquiry where rational, psychoanalytic, healing, mystical and religious traditions overlap, and it is doubtful whether any one person can encompass all. From this flow different perspectives, each with their own benefits and biases, often difficult to appreciate by others. Her particular emphasis is on a rational approach to subjectivity, and to the richness of humanity and warmth of relationships, despite their difficulties.